# Exercise Science

Bachelor of Arts in Exercise Science (BAES) D13M

**Catalog Term:** Fall 2017  
**Total Credit Hours:** 124

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<th>FRESHMAN</th>
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| ENGL 101 (3)  
College English I  
P: See Course Catalog | ENGL 102 (3)  
College English II  
P: ENGL 101 with C- or better | Further Study (3)  
See notes | Issues & Perspectives (3)  
See notes |
| COMM 111 (3)  
Public Speaking | Fine Arts Intro (3)  
See notes | CHEM 103 (5)  
Intro Chemistry | PHYS 213 (5)  
General College Physics I  
P: MATH 112 or Math 123 |
| MATH 111 (3)  
College Algebra  
P: See Course Catalog | Humanities Intro (3)  
See notes | HPS 113 (3)  
Intro to Exercise Science | HPS 317 (2)  
Community First Aid & Community CPR  
P: HPS 229 |
| Humanities Intro (3)  
See notes | Social/Behavioral Sciences Intro (3)  
See notes | HPS 313 (3)  
Exercise & Sport Nutrition | HPS 328 (3)  
Kinesiology - Biomechanics  
P: HPS 229 |
| PSY 111 (3)  
General Psychology | MATH 123 (3)  
College Trigonometry | HPS 229 (3)  
Applied Human Anatomy | Elective (3) |
| Elective (1) | Elective (1) | Elective (1) | Elective (1) |
| 16 hrs | 16 hrs | 17 hrs | 17 hrs |

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| Further Study or Issues & Perspectives (3)  
See notes | PC Requirement (3)  
See notes | HPS 490 (3)  
Physiology of Exercise  
P: HPS 229 | HPS 495 (8)  
Internship in Exercise Science  
P: HPS 229, HPS 440 & HPS 470 |
| HPS 302 (3)  
Admin in Exercise Science | HPS 460 (3)  
Motor Learning  
P: HPS 229 | HPS 541 (3)  
Strength Training & Conditioning  
P: Junior standing |  |
| HPS 313 (3)  
Exercise & Sport Nutrition | HPS 470 (3)  
Fitness Practicum  
P: HPS 229 & HPS 440 | HPS 762 (3) or STAT 370 (3)  
Elementary Statistics or Statistical Concepts in HPS | Elective (3)  
Elective (3) |
| HPS 440 (3)  
Prescription of Exercise  
P: HPS 229 | Elective (3) |  |  |
| Elective (3) | Elective (3) | Elective (3) | Elective (3) |
| Elective (2) | Elective (1) | Elective (2) | Elective (2) |
| 17 hrs | 16 hrs | 17 hrs | 8 hrs |

**Notes:** Fine Arts Intro, Humanities Intro, Social/Behavioral Sciences Intro, Mathematics & Natural Sciences Intro, Further Study and Issues & Perspectives courses must be from an approved list which appears in the Schedule of Courses. PC Requirement: choose one BADM 160, PC 105, PC 152Q. See academic advisor for other options.

**P:** Prerequisite

Last Updated: 03/2017