The Fall Semester of 2014 is in full swing and we have many reasons to be proud. The School of Nursing is taking a lead in implementing the recommendations of the Institute of Medicine’s (IOM) Future of Nursing report. Our engagement with WSU President Bardo will help shape an innovative and growing campus.

When we unveiled our improved online RN-BSN program earlier in the year, President Bardo in his address to faculty, staff and students about the new Innovation Campus applauded the program and the SON saying, “They exceeded all expectations. They innovated. They created something new. They created something different. And they're making a difference in people’s lives.”

Our goal was to accept 50 new students. When classes began this semester, 56 students were enrolled in the program. Compared to a year ago, enrollment has more than tripled. We expect this program to continue to grow – working to meet the IOM’s goal to increase the proportion of nurses with a baccalaureate degree to 80% by 2020.

To “ensure that nurses engage in lifelong learning,” (IOM) we are excited to be hosting our 1st Annual Advanced Practice Registered Nurse (APRN) CE Conference. The conference is designed to provide advanced practice nurses in both the primary and acute setting, the opportunity to further enhance their ability to assess, diagnose and manage health conditions.

Our presenters include nationally recognized healthcare experts who will share their knowledge of current and future trends as well as the challenges and opportunities impacting advanced practice today. There are still opportunities to attend – details page 2.

We are also celebrating our rich heritage at the School of Nursing—celebrating the 20th year anniversary of our Nurse Practitioner programs. Our success today is built on the foresight and hard work of our past leaders and faculty, as well as the students in our programs, and we thank them for the strong foundation they have built for us. If you want to celebrate our history—come join us for an evening of networking and remembrance—details page 2.

Finally, we are actively engaged in preparing and enabling nurses to lead change to advance health (IOM). You can read examples of faculty and student leadership in this issue. We would also like to hear from you—please share your stories—wsusonnews@wichita.edu.

It’s a great day to be a Shocker Nurse!

Betty Smith-Campbell, PhD, APRN-CNS; Chairperson and Professor
Join us Nov. 13-14 for our 1st Annual Advanced Practice Registered Nurse (APRN) CE Conference at the Doubletree by Hilton Wichita Airport.

Attendees will have the unique opportunity to hear nationally recognized healthcare experts who will share their knowledge of current and future trends as well as the challenges and opportunities impacting advanced practice today.

Keynote speakers include Phyllis Arn Zimmer, MN, FNP, FAANP, FAAN from the University of Washington and David Knowlton, MA President & CEO, New Jersey Health Care Quality Institute.

This conference is designed to provide advanced practice nurses in both the primary and acute setting, the opportunity to further enhance their ability to assess, diagnose and manage health conditions.

“Advanced Practice Nursing has grown tremendously here in Kansas and the surrounding states,” said Pat Dwyer, APRN, FNP-BC, Conference Co-Chair.

She added, “The conference allows all of us to come together to share ideas, network and build a professional community all with the same goal: promoting Advanced Practice Nursing.”

To register for the conference go to [www.wichita.edu/conferences/aprn](http://www.wichita.edu/conferences/aprn)

Approved for Kansas APRN/RN and AANP CEUs

- New pharmacology guidelines/protocols
- Clinically oriented, evidence-based sessions
  - Palliative Care
  - Diabetes
  - Cardiac Care
  - Heart Failure

This program is approved for 6.0 contact hours of continuing education (which includes 3.0 hours of pharmacology) by the American Association of Nurse Practitioners. Program ID 1410440. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

Visit us on the web at Wichita.edu/nursing
Contact us at (316) 978-3610 or email nursing@wichita.edu
When we unveiled our modified online RN-BSN program this year, the goal was to accept 50 new students.

WSU President John Bardo in his address about the new Innovation Campus acknowledged the School of Nursing for their innovative ways. President Bardo also applauded the School for not only meeting their goal, but for exceeding it.

When classes began this semester, 56 students were enrolled in the program. Compared to a year ago, enrollment has increased by more than 200%.

“This success is due to a great team who shared the common goal to increase enrollment and meet the needs of the adult, online student population,” said Brandy Jackson, undergraduate coordinator.

“It makes sense to treat students from all over the country equally in terms of tuition especially for those who choose online courses, and only by this way can more diverse qualified students from different places be attracted into the RN to BSN online program,” said Lisa Xu, a student from Freemont, CA.

“The School of Nursing is leading change in implementation of online programs at WSU” said Sandra Bibb, Dean of the College of Health Professions.

Student Samantha Bell from Topeka, KS said, “The faculty and staff have always been very welcoming and helpful with my transition from junior college, making me very pleased with my decision to become a Shocker.”

The SON is one of two schools in Kansas and one of 100 schools of nursing nationally, to have been selected by the Arnold P. Gold Foundation (APGF) and American Association of Colleges of Nursing (AACN) to receive funding support to pilot White Coat Ceremonies.

“Our School of Nursing is committed to educating the next generation of nurses that rise to the high expectations of patients,” said Brandy Jackson, director of the Undergraduate Nursing Program.

“The proud feeling a nursing student has the first time they don the white coat will now be elevated to publicly recognize those individuals who will dedicate their lives to serving others,” Jackson, explained.

The Ceremony will be held on Wednesday, Nov. 19th at the WSU Metroplex. Reception will be held in the Suderman Room at 6:00. The ceremony beings at 7:00.
The U.S. Department of Health and Human Services has awarded a two-year grant for nearly $700,000 ($697,515) to Wichita State University’s School of Nursing. The grant is intended to increase the number of health care providers in primary care. There’s currently a shortage that’s expected to grow.

Grant funds will be used to award 15 to 16 nurse practitioner students who are in their advanced nursing education programs at WSU. Both family nurse practitioner and psychiatric nurse practitioner students are eligible for the awards. Almost 92% of the funds for the total project go directly to support students. Federal funding accounts for 97% of the total project cost, with the remaining 3% being provided by WSU.

The grant has the potential of making a significant difference in the lives of nurse practitioner students, according to Alicia Huckstadt, professor and director of graduate programs and project director of the grant.

“These students typically cannot complete their education without financial support,” said Huckstadt. Registered nurse students are often major contributors to their family’s income and cannot afford to take time away from their jobs to attend school or take multiple courses without significant financial support.

The financial support helps these students avoid some of the debt incurred in achieving a degree. The grant provides them this opportunity. It allows them to better focus on their advanced nursing education and become better practitioners.

Students graduate and enter the workforce ready to make an impact on the health care system. “Historically, 100% of our students are employed when they graduate,” said Betty Smith-Campbell, chair of the SON. “After graduation, these alumni positively impact society by providing primary health care to underserved populations,” Huckstadt explained.

Accelerated Students Experience Breakthrough Club

Students in the accelerated program spent time at The Breakthrough Club this summer as part of their community mental health rotation.

The Breakthrough Club is a program that is a “members only” club for people with severe and persistent mental illness.

According to Patty Beamer, instructor of the class, she called the Breakthrough Club because she saw a great opportunity for her students. She said this was a way for her students to help the club and have a clinical learning experience as well.

The first semester students performed physical assessments, foot exams, blood sugar finger sticks, and calculated Body Mass Index (BMIs) in the morning. The students then taught a class on Pre-diabetes, What is a Carbohydrate?, and cost comparisons of foods with hidden “high fructose corn syrup” and alternatives in the afternoon.

Beamer noted there were nine students that went to the Breakthrough Club. Students saw a total of 58 clients in six hours (two hours each day).

Students explained that the experience would help them once they are practicing. Aubrey Crager said, “It gives us confidence.” She explained that before being at the Breakthrough Club she was apprehensive. Her face lit up as she said, “Hey. I know what I’m doing.” Jessica Pappan added that it is great to know about the resource for patients she will see when she begins to practice.

From left to right, Aubrey Crager, Lindsay McCormick and Jessica Pappan.
WSU capstone students have high praise for Wesley training

The following article appeared in Wesley Medical Center’s newsletter, In Touch. It is reprinted here, with permission.

Rhonda Williams, WSU’s capstone coordinator, tabulated student feedback and shared the overwhelmingly positive comments this month with the Wesley Medical Center preceptors who worked with her students.

“Managers, thank you for graciously allowing your staff to take a student,” said Hope Helferich, clinical affiliations coordinator with staff development at Wesley. “Your expert staff has had an enormous impact on these students. Kudos to you and each preceptor!”

Wesley employees said they enjoyed the chance to mentor BSN students to ensure they learn the best care possible.

“It’s a great opportunity that allows us to reach out to the community and give back,” said Chad Smith, RN, who worked with WSU student Clint Jacks in the OR.

WSU student Clint Jacks, left, worked in the OR with preceptor Chad Smith, RN.

Comments from WSU students:

- “Being fully immersed in one unit week after week truly helped me further develop my bedside nursing skills. I feel like I have grown more in the past four weeks than I have the past two years thanks to this experience.”
- “The nurses in the unit made me feel welcome and were so very willing to help me and answer my questions.”
- “[The program] really helped me transition and find my self confidence into the RN role. I feel much more confident doing everyday tasks, like calling the doctor, assessing and critically thinking, effectively charting and just interacting with the patients and staff.”
- “My preceptor was awesome in providing me with all of her knowledge and transitioning me into a complete, well-rounded nurse. The interdisciplinary team was very supportive in my growth.”

Students are enrolled in capstone their last semester. Their experience focuses on the transition from the role of student to the role of professional nurse through immersion in the clinical setting.

Student Accolades

The following is an email received by the SON Chair, Dr. Betty Smith-Campbell, shared with permission.

“... I just wanted to pay a compliment to one of your nursing students--Phuong Duong, who was on our floor September 9 and 10. Phuong was interested in the nursing process and asked lots of pertinent questions about nursing in general.

She was confident in her interaction with the patients and in her administration of medications. Phuong seems to have a real passion for nursing that I believe will serve her well. She is also an excellent representative for WSU nursing.”

Sincerely, Jo Hardy RN BSN 5SW--Via Christi-St Francis

Dr. Betty Smith-Campbell praised Duong, “Phuong is clearly an example of the School of Nursing’s vision to EXCEL and INSPIRE. She added, “The School is proud of the work she is doing as a WSU student.”

Visit us on the web at Wichita.edu/nursing
Contact us at (316) 978-3610 or email nursing@wichita.edu
Awards and Accomplishments

**Publications**


**Presentations**


Koehn, M. “Motivational Interviewing for Care Coordinators with Health Home Partners.” Webinar presentation for WSU Center for Support and Research. Invited presentation.

Rodgers, J. “Decreasing Readmits and Hospital Resources with an APRN led Model of Care.” *Kansas Quality Summit*.

**Posters**
Brand, E., Pile, D. & Elder, B. “Sleep, Activity and Obesity.” Governor’s Obesity Conference.


Martin, P. “Bootstrapping: How to leverage health system change to teach essential nursing leadership skills.” 18th Annual Midwest Regional Nursing Educators Conference.

**Awards**
Alicia Huckstadt PhD, APRN, FNP-BC, GNP-BC was named a 2014 Health Care Hero by the Wichita Business Journal.

Amy McClinton received the College of Health Professions Outstanding Classified Staff Award for recognition of exemplary service and outstanding contributions.

**Graduate Students**
Karen Lehman, post-master DNP student, recently won the Kansas Hospital Education and Research Foundation's scholarship.


Recent DNP graduate, Cynthia Walker received notification that her article, “The Role of a Self-Directed Technology to Improve Medication Adherence in Heart Failure Patients” has been accepted for publication in a special edition of the Journal for Nurse Practitioners. This was from her doctoral project with Betty Elder and Karen Hayes.

**The SON would like to congratulate undergraduate student Natalie Kuhlmann who has been selected as a 2014 WSU Woman of the Year finalist.**

Visit us on the web at Wichita.edu/nursing
Contact us at (316) 978-3610 or email nursing@wichita.edu
We love to hear from our alumni! Send us information about where you are and what you are doing.

NAME: ____________________________________ CLASS OF: ________________________
ADDRESS: _______________________________________________________________________ PHONE:____________________
EMAIL ADDRESS: __________________________________________________________________

Where are you, what are you doing, what are your future plans? Please tell us a little something about what's going on in your life since graduation. Do you have a picture to share?
__________________________________________________________________________________________________________
__________________________________________________________________________________________________________
__________________________________________________________________________________________________________
__________________________________________________________________________________________________________
__________________________________________________________________________________________________________
__________________________________________________________________________________________________________
__________________________________________________________________________________________________________
__________________________________________________________________________________________________________

May we share this in our newsletter? ____ Yes ____ No
I give WSU School of Nursing consent to publish the picture and write-up above in the Newsletter:
__________________________________________________________________________________________________________

Thank you for sharing! It’s always great to hear from our alumni!
Send information to: wsusonnews@wichita.edu.

Use this form to write a check. Please make it out to:
WSU Foundation—School of Nursing
Mail to:
Wichita State University Foundation
Michael Lamb
Vice President for Planned and Annual Giving
1845 Fairmount Street
Wichita, KS 67260-0002

Name ________________________________
Address ________________________________
City ________________________________ Phone ________________________________
State/Zip ________________________________ E-mail ________________________________

Support the School of Nursing!
Donate online: www.wichita.edu/give
Write in School of Nursing

Newsletter editor:
Pamela O’Neal, MA
Communications, Public Relations & Recruitment Specialist
316-978-5731, pamela.oneal@wichita.edu

School of Nursing Administrative team:
Betty Smith-Campbell
PhD, APRN-CNS
Chair and Professor

Alicia Huckstadt
PhD, APRN, FNP, BC, GNP, BC, FAANP
Director, Doctor of Nursing Practice Program, Professor

Brandy Jackson
MSN, MBA, RN
Director, Undergraduate Nursing Program

Visit us on the web at Wichita.edu/nursing
Contact us at (316) 978-3610 or email nursing@wichita.edu