Bachelor of Arts in Athletic Training
Proposed Degree Plan

REQUIREMENTS FOR GENERAL EDUCATION
48 hours, to include:

ENGL 100 or 101 (3)
ENGL 102 (3)
COMM 111 (3)
MATH 111 or 131 (3)
Fine Arts (3)
Humanities (9)
   (3) HIST 131 – History of the USA to 1865
   (3) HIST 132 – History of the USA since 1865
   (3) COMM 221—Oral Interpretation, or COMM 302—Interpersonal Communication
Social and Behavioral Sciences (9)
   (3) PSY 111 – General Psychology
   (3) SOC 111 – General Sociology
   (3) SOC 338 or PSY 336 or ETHS 100
Mathematics and Natural Sciences (15)
   (5) CHEM 111 – General Chemistry
   (4) BIO 210 – General Biology
   (3) PHS 310 – Understanding the US Health Care System
   (3) PA 326 – Emerging Health Care Issues of the 21st Century

REQUIREMENTS FOR KINESIOLOGY CORE
44 hours, to include:

KSS 113 – Introduction to Exercise Science (3)
KSS 117 – First Aid and Community CPR (2)
KSS 201E – Introduction to Physical Activity (2)
BIO 223 – Human Anatomy and Physiology (5)
KSS 229 – Applied Human Anatomy (3)
KSS 328 – Kinesiology and Biomechanics (3)
HS 331Q – Diet and Nutrition (3)
KSS 440 – Concepts in Exercise Prescription (3)
KSS 460 – Motor Learning (3)
KSS 530 – Exercise Physiology (3)
KSS 557 – Internship (8)
KSS 762 – Measurement and Evaluation in Human Performance (3)
CI 541 – Desktop Publishing OR (3)
CS 105 – Introduction to Computers (3)
REQUIREMENTS FOR ATHLETIC TRAINING CORE
34 hours, to include:

- KSS 114 – Introduction to Athletic Training (2)
- KSS 130 – Taping and Bandaging in Athletic Training (1)
- HP 203 – Medical Terminology (2)
- HS 301 – Clinical Pharmacology (3)
- KSS 331 – Care and Prevention of Athletic Injuries (3)
- KSS 350 – Upper Extremity Assessment (4)
- KSS 351 – Lower Body Assessment (4)
- KSS 450 – Therapeutic Modalities (3)
- KSS 451 – Therapeutic Exercise (3)
- KSS 542 – Administration of Athletic Training (3)
- KSS 220 – Athletic Training Practicum I (1)
- KSS 221 – Athletic Training Practicum II (1)
- KSS 320 – Athletic Training Practicum III (1)
- KSS 321 – Athletic Training Practicum IV (1)
- KSS 420 – Athletic Training Practicum V (1)
- KSS 421 – Athletic Training Practicum VI (1)

TOTAL HOURS REQUIRED: 126