



WICHITA STATE
UNIVERSITY

COLLEGE OF
HEALTH PROFESSIONS

School of Nursing

Family Nurse Practitioner Preceptor Manual

Innovation and Excellence in Nursing Education

Vision

Innovation and excellence in nursing education to promote a healthy society.

Mission

The mission of the School of Nursing is to prepare students from diverse populations to provide professional nursing across the continuum of health. Faculty in the School of Nursing promote innovation and excellence in nursing education through practice, scholarship, teaching and service at both the baccalaureate and graduate level.

Core Values

Excellence, Professionalism, Student-centered, Innovation, Respect.

Philosophy

The Graduate Program prepares students for advanced practice roles in nursing and to be accountable for clinical and organizational decision making based on scholarly evidence, principles of ethics, relevant theories and health care policy. Upon completion of the Graduate Program, the advanced practice nurse is prepared to provide leadership in the analysis of factors influencing health and the subsequent implementation and evaluation of strategies for improving health in a multidisciplinary, globally aware, culturally sensitive manner.

(Revision 02/05/09)



Introduction

For the nurse practitioner student, there is a strong emphasis on clinical practice and skill development, including pharmacology, advanced assessment, management of acutely ill patients, technologies, and supervised clinical experiences. Core courses required for all master's students are: evidence based practice, theoretical foundations, advanced nursing practice roles, healthcare policy systems and politics, advanced pathophysiology, advanced pharmacology, and management of clinical data and outcomes. The overall benefits of the nurse practitioner track are: comprehensive cost-effective care provided to patients and families; continuity of patient care; and the development of collegial relationships with physicians and other health care professionals.

Family Nurse Practitioner (FNP) Education

There are many FNP programs throughout the country. The Family Nurse Practitioner program at Wichita State University was started in 1993 as a part of the Kansas Primary Care Nurse Practitioner Program, a collaborative, multi-site primary care program designed to increase the statewide distribution of primary health care providers for residents of underserved, rural and urban areas of Kansas. Wichita State University School of Nursing, University of Kansas School of Nursing and Fort Hays State University Department of Nursing joined forces to share common primary care core curriculum via compressed video technology. Programs have since expanded and technologies have changed. WSU continues to share an advanced health assessment course in the state collaboration.

FNP Credentials

The FNP student will be eligible to apply for recognition as an Advanced Registered Nurse Practitioner (ARNP) as a nurse practitioner through the Kansas State Board of Nursing. Nurse practitioners are regulated by each individual's state nurse practice act and licensure regulations. Students are highly encouraged to take the national certification examination for FNP's. This certification suggests a quality of service higher than what is necessarily required for licensure and is granted by the professions. Two national certification exams have been developed for the FNP, one by the American Nurses Credentialing Center and the other by the American Academy of Nurse Practitioners.

CLINICAL FACULTY

William Novak, MSN, ARNP, FNP-BC, Instructor
(316) 978-5753

Bill.Novak@wichita.edu

Bryan Mann, MD, FAAP, Senior Clinical Educator(
(316) 978-5735

Bryan.Mann@wichita.edu

Mary Faragher, RN, MSN, ARNP-FNP-BC, Instructor
(316) 978-5739

Mary.Faragher@wichita.edu

Alicia Huckstadt, PhD, ARNP, FNP-BC, Professor
(316) 978-5742

Alicia.Huckstadt@wichita.edu

FNP Curriculum

Prerequisites for the program are statistics and an undergraduate nursing research course approved by the School of Nursing-Graduate Programs Office. The FNP track is 49 credit hours.

Core Courses

Core Course Credit Hours 25

N 701 Advanced Health Assessment	2
N 702 Advanced Health Assessment Lab	1
N 703 Theoretical Foundations of Advanced Nursing Practice	3
N 715 Advanced Nursing Practice Roles	1
N 793 Advanced Pathophysiology I	4
N 795 Applied Drug Therapy	3
N 801 Health Care Systems: Policy and Politics	3
N 806 Evidence Based Nursing Practice/Outcomes of Care	3
N 826 Evidence Based Nursing Project I	2
N 828 Evidence Based Nursing Project II	2

Specialization Courses

Specialization Course Credit Hours 24

N 728 Advanced Practice Technology and Skills	3
N 803 FNP Primary Care	3
N 804 FNP Primary Care Practicum I	4
N 830 FNP Management & Clinical Application I	1
N 838 Transition to FNP Advanced Practice Role I	1
N 903 FNP Primary Care II	3
N 904 FNP Primary Care Practicum II	4
N 905 FNP Management & Clinical Application II	2
N 906 Transition to FNP Advanced Practice Role II	1
N 952 Advanced Nursing Practice Preceptorship	3
Comprehensive Examination	0

The following admission criteria exist for the WSU FNP program:

All students except post-master's DNP students must apply to a specialization within the School of Nursing after admission to the School of Nursing through the Graduate School. Applications may be obtained from a faculty advisor or from the Graduate Nursing Office in room 501 Ahlberg Hall.

Criteria for Admission to All Specializations:

In addition to the School of Nursing graduate program admission criteria, students must meet the following criteria. Mandatory Requirements for students applying to a specialization in the Graduate Nursing program:

1. Degree standing in a Graduate Nursing program.

2. Acceptable academic performance as measured by a minimum cumulative grade point average of 3.0 in the following areas:
 - The last sixty (60) hours of undergraduate college work; Any graduate level courses and required MSN courses; All undergraduate nursing courses; Average GPA of 3.0 for all 4 science courses: Microbiology, Anatomy/Physiology, Pathophysiology and Pharmacology, and must have a "C" or better in each course.

3. Experience requirements:
 - A minimum of two years of clinical experience as an RN within the past five years, to be completed by the semester of enrollment in specialization courses.
 - For the ACNP specialization, one of the two years must be in acute care experience, with critical care, trauma, or emergency department experience preferred.
 - Commitment to clinical experiences in concentrated blocks of time is required. The concentrated time blocks vary within each specialization.
 - Experience must be documented in writing by a supervisor or personnel office.

Preferential Consideration may be given as described on the specialization application. Please obtain an application for details. Other items such as GPAs in other areas, course work taken, the type/length of work experience, etc., may be considered, if needed. Exceptions to a requirement may be requested based on portfolio review, if a valid reason exists. You may obtain an exception request form from the graduate nursing office. *The criteria for admission to a specialization are subject to change.*

WICHITA STATE UNIVERSITY – SCHOOL OF NURSING FAMILY NURSE PRACTITIONER NURSING TRACT

Vision

Innovation and excellence in nursing education to promote a healthy society.

Mission

The mission of the School of Nursing is to prepare students from diverse populations to provide professional nursing across the continuum of health. Faculty in the School of Nursing promote innovation and excellence in nursing education through practice, scholarship, teaching and service at both the baccalaureate and graduate level.

Core Values

Excellence, Professionalism, Student-centered, Innovation, Respect.

Philosophy

The Graduate Program prepares students for advanced practice roles in nursing and to be accountable for clinical and organizational decision making based on scholarly evidence, principles of ethics, relevant theories and health care policy. Upon completion of the Graduate Program, the advanced practice nurse is prepared to provide leadership in the analysis of factors influencing health and the subsequent implementation and evaluation of strategies for improving health in a multidisciplinary, globally aware, culturally sensitive manner.

Location

Wichita, Kansas, in the south central part of the state, is the home of Wichita State University (WSU). The Family Nurse Practitioner track is within the School of Nursing and the College of Health Professions, one of six colleges within the university structure.

Accreditation Status

The graduate nursing program is fully accredited by the National League for Nursing.

Academic Degree

After completion of the program the FNP student receives a Master of Nursing Degree with a specialization as a FNP.

Student Capacity

Students are admitted once annually and the class capacity is limited to 20 students.

CLINICAL PRECEPTORS

Preceptor Overview

The philosophy of the WSU FNP program is to prepare students to function in the primary care setting and work as a collaborative member of the health care team. The FNP student has been prepared to practice clinical skills with preceptor supervision which include, advanced assessment and management of patients across the lifespan in the primary care setting.

RESPONSIBILITIES OF PRECEPTORS

Preceptor Statement

Preceptors assist course responsible faculty and are practitioners who provide direct teaching to students appropriate to the course and program objectives. Preceptors for clinical specializations may include both advanced practice nurses (ARNPs) and non-nurse practitioners (usually physicians). Each preceptor must be credentialed and state licensed to practice in his/her specialization. National certification is highly encouraged although not required in Kansas for ARNP status. Preceptors must have educational preparation and/or extensive practice experience appropriate to his/her supervisory responsibility. Newly prepared preceptors must have at least one year of practice experience in the specialization. Orientation to the preceptor role, including program requirements, expectations for oversight and evaluation of students, are provided for each specialization. Student evaluation is the responsibility of the faculty with input from the preceptor. Experiences with preceptors are evaluated by students and faculty to enhance program development and student learning activities. Documentation of preceptor qualification is maintained in the School of Nursing.

Complete and return the student evaluation form promptly at the end of the rotation period.

GUIDELINES FOR CLINICAL ACTIVITY

Students cannot provide patient care without adequate preceptor supervision. The FNP students, like all students, have varying degrees of skill and experience and must be assigned accordingly.

The following guidelines will be applied and should be observed during the clinical rotations for students:

1. Management/treatment procedures should always be approved by the Preceptor prior to implementation (life threatening emergencies are the exception).
2. Students cannot admit or discharge patients without direct preceptor guidance.
3. Students should not be the sole practitioner seeing a patient. An Advanced Registered Nurse Practitioner or physician should always see the patient prior to dismissal.

(Continued on next page)

4. Students are aware of current CMS (formerly HCFA) guidelines related to documentation by medical students, nurse practitioner students, and PA students. According to CMS, students may document the review of systems (ROS) and past, family and social history (PFSH). The teaching physician must verify and re-document the history of present illness as well as perform and re-document the physical exam and medical decision-making activities of the visit service. Revisions to this are ongoing.
5. Without faculty and preceptor approval, students should not return to a rotation after the rotation has officially ended.
6. Students will not have contact with patients while under the influence of alcohol or any substance including prescription medication that impairs the student's ability or judgment. Violation of this rule makes the student subject to dismissal from the FNP track.

CLINICAL REQUIRMENTS FOR STUDENTS

Required Rotations

A series of clinical rotations provide the student with the opportunity to experience the practical application of the knowledge obtained. Each student's rotation is structured to provide a wide variety of clinical experiences with an emphasis on assessment and management of patients across the lifespan, while taking into account the needs of the individual student. The following practicums listed below are scheduled according to individual students needs.

Attendance

The student must contact the preceptor and instructor prior to an absence or change in schedule. All missed days of a practicum must be rescheduled. If a student has greater than five absences (40 hours or greater) due to illness or other circumstances they may be required to repeat the clinical rotation.

Learning Objectives:

Nursing 728 Advance Practice Technology and Skills

This course assists in developing beginning skills in skills such as X-ray interpretation, 12 Lead EKG interpretation, splinting/casting, and suturing. Also will assist the student in refining history taking, psychosocial assessment, and physical assessment skills. Emphasis is placed on detailed health history taking, differentiation, interpretation and documentation of normal and abnormal findings. Additional skills may be required depending on practice areas.

Nursing 804 FNP Primary Care Practicum I

This course is a concentrated clinical practicum in a primary health care setting that addresses individuals and families throughout the life span within the context of the community. Theory and research will be used in clinical settings. Health promotion, maintenance, and prevention interventions for common problems will be emphasized.

(Learning Objectives continued on next page)

Nursing 903 Primary Care II

This clinical course focuses on complex problems seen in individuals and families through the life span. Stresses applications of current research and theory-based interventions appropriate for management by advanced registered nurse practitioners. Emphasizes strategies and protocols to manage complex patient problems in urban and rural patients, interventions to restore individual and levels of pre-illness health, including secondary and tertiary prevention.

Nursing 904 FNP Primary Care Practicum II

This clinical course focuses on assessment and management of complex health problems across the lifespan, based upon knowledge of theory and research. Primary care clients with common and/or complex conditions affecting major body systems assessed and managed. Weekly seminars focus upon analysis and evaluation of clinical situations and cases.

Nursing 952 Advanced Nurse Practice Preceptorship

A concentrated clinical practicum in the student's specialization health care setting that emphasized the management of care for individuals. Students synthesize concepts and principles from previous classes and clinical experiences, applying theoretical and research content to acute, chronic, urgent and/or common health problems. Preceptorship is in a clinical agency.

Core Curriculum for FNP

SKIN DISORDERS

Keratosis
Basal, squamous cell carcinoma
Malignant melanoma
Psoriasis
Atopic dermatitis
Seborrheic dermatitis
Contact dermatitis
Drug rash
Warts
Viral rash
Herpes rash
Bacterial rash
Diaper dermatitis
Tinea rash
Scabies, pediculosis
Lyme disease
Urticaria
Acne

RESPIRATORY TRACT & RELATED EYE DISORDERS

Asthma, Emphysema,
Bronchitis: acute and chronic
Airway obstruction
Sinusitis
TB
Pneumonia
Influenza
Otitis: externa, media, serous
Pharyngitis, rhinitis,
common cold
Conjunctivitis, Iritis,
Blepharitis, Pterygium
Subconjunctival hemorrhage
Hordeolum, Chalazion,
Dacryocystitis

CARDIOVASCULAR

ASHD
CAD
Angina
CHF
Hypertension: acute & chronic
Valvular
Dysrhythmia
Pulmonary edema
Cardiomyopathy
Pericarditis
MI
Pulmonary embolism
Deep vein thrombosis

GI

Appendicitis	GI bleed
GERD	Pancreatitis
PUD	Diverticulitis
Ulcerative colitis	GB disease
Bowel obstruction	Peritonitis
Hepatitis	Irritable bowel syndrome
Liver failure	Acute gastroenteritis

GU

UTI, incontinence	Epididymitis
Renal calculi	Prostatitis, BPH
ARF	
Chronic renal insufficiency	
Testicular torsion	

ENDOCRINE

Diabetes Mellitus
Thyroid disorders

MUSCULOSKELETAL

Simple Fractures: sprains,
strains, tendinitis, bursitis
Arthritis: OA, RA, Gout
Fibromyalgia syndrome
Osteoporosis
Carpal Tunnel syndrome

NEUROLOGIC

Headache
TIA
Stroke
Aneurysm
Encephalopathy
Meningitis
Acute seizures
Acute pain
Chronic pain

PSYCH

Anxiety
Depression
Violence
Substance abuse
Crisis intervention

WOMAN'S HEALTH

Preconceptual counseling
Prenatal assessment
Menarche
Contraception
Vaginitis
STDs
Dysmenorrhea
Amenorrhea
Menopause
Dysfunctional uterine bleeding
Breast conditions: pain,
discharge, mass

IMMUNE

Autoimmune diseases
CA
HIV
Opportunistic infection

**VASCULAR &
BLOOD DISORDERS**

Anemia
Coagulopathy
Peripheral vascular disease
Wound/Ulcer care

HEALTH PROMOTION

Health risk identification &
modification
Maximizing functional status
Infection control
Nutritional support
Fluid electrolyte balance
Patient rights

CORE TECHNICAL SKILLS

Pap smear
Cervical culture
Stool for occult blood
Ear irrigation
suture removal
Throat culture
Lesion removal
Digital block
Suture splint application
12 lead EKG
Interpretation of chest x-ray, common fractures
Interpretation of UA, CBC, differential, chemistry, micros

References:

Kansas State Board of Nursing (most current) Nurse Practice Act: Statutes & Administrative Regulations, Kansas State Board of Nursing, 900 SW Jackson, Suite 1051, Topeka, Kansas 66612-1230. www.ksbn.org

Notice of Nondiscrimination

Wichita State University does not discriminate in its programs and activities on the basis of race, religion, color, national origin, gender, age, sexual orientation, marital status, status as a veteran or disability. The following person has been designated to handle inquiries regarding nondiscrimination policies. Director, Office of Equal Employment Opportunity, Wichita State University, 1845 Fairmount, Wichita KS 67260-0205; telephone (316)978-6791.

Wichita State University-School of Nursing
FINAL Preceptor Evaluation of Nurse Practitioner Student

Student: _____ Semester: _____

Preceptor Printed Name / Signature: _____

Key: 0 = Not applicable
 1 = OMITS tasks or procedures which are appropriate (minimal competence with assistance)
 2 = Below average skills (requires extensive supervision/assistance even with simple patients)
 3 = Performs with average skills (safe with less than constant supervision; presentation skill improving)
 4 = Performs with above average skills (safe with little supervision on most patients; able to initiate exam and delineate treatment goals; demonstrates critical thinking with all patients)

(Scores may range from 1.0 – 4.0, for example a “2” or “x” in the 2 column or a “3.5” in the 3 column etc.)

Objectives	Rating	0	1	2	3	4
Skillful in obtaining histories and performing physical examinations in patients across the lifespan or in patients appropriate for setting.						
Selects and performs appropriate physical exam techniques; Recognizes abnormal findings.						
Articulates patient problem and physical findings, verbally & in writing, using accurate and appropriate terminology						
Demonstrates ability to record data in concise, accurate and timely manner, using office/clinic format.						
Succinctly articulates the appropriate plan of care.						
Selects and recommends appropriate diagnostic tests with attention to safety, cost, acceptability, and efficacy.						
Selects and recommends appropriate pharmaceutical with attention to safety, cost, acceptability, and efficacy.						
Is aware and able to discuss ethical and legal implications of care provided to patients and families.						
Implements appropriate patient teaching, counseling, health promotion strategies.						
Demonstrates self-motivation and use of current references						
Cooperates and collaborates with members of the health care team. (44 possible points)						

COMMENTS :
