Third Annual School of Nursing
Advanced Practice Registered Nurse (APRN)
CE Conference

“Increasing Access to Patients in Need”

Improving Health Care
Through Lifelong Learning

September 29-30, 2016

Doubletree by Hilton Wichita Airport
It’s our pleasure to invite you to join your colleagues at the third annual Wichita State University Advanced Practice Registered Nurse CEU Conference, this September 29-30. This conference is designed to provide advanced practice nurses in both the primary and acute setting, the opportunity to further enhance their ability to assess, diagnose and manage health conditions. Our dynamic speakers will share their unique perspectives on the role of the advanced practice nurse in the ever-changing health care environment. Sessions will include presentations on new pharmacy guidelines and treatment options, as well as clinically orientated, evidence-based information on Women’s Health, Older Adult Care, Hepatitis C, Stroke, Pediatric ADHD, Addiction, Antibiotic Stewardship and much more. Again this year are the specialty workshops on Thursday afternoon. Don’t miss this opportunity to enrich your professional growth and network with your colleagues and peers.

Planning Committee

- Terri Core, MSN, APRN, ACNP-BC, WSU School of Nursing
- Patricia Dwyer, MSN, APRN-FNP, WSU School of Nursing – Conference Chair
- Alicia Huckstadt, PhD, APRN, FNP-BC, GNP-BC, FAANP, WSU School of Nursing
- Kim Johnson, DNP, APRN, FNP-BC, Via Christi Regional Medical Center
- Doris Kimbrell, MSN, ARNP-CNS, CMSRN, Via Christi Regional Medical Center
- Barbara Morrison, PhD, MN, BS, BA, RN, APRN-CNM
- Victoria Mosack, PhD, RN, APRN, PMHCNS-BC, WSU School of Nursing
- Elaine Steinke, PhD, APRN, CNS-BC, FAHA, FAAN, WSU School of Nursing

Conference Objectives

Upon completion of this conference attendees will:

1. Identify current and future challenges and opportunities in the Advanced Practice Registered Nursing (APRN) practice.
2. Demonstrate improved patient care upon completion of the skill workshops.
3. Utilize new interventions to maintain health, by evaluating pharmacological and non-pharmacological treatment modalities.
5. Have a better understanding of the APRN role across the state and nation.
Margaret Fitzgerald
DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP
Fitzgerald Health Education Associates, Inc. (FHEA)
North Andover, MA

Margaret is the founder, President and Principal Lecturer with Fitzgerald Health Education Associates, Inc., and international provider of NP Certification preparation and ongoing continuing education for healthcare providers. More than 85,000 NPs have used the Fitzgerald course to successfully prepare for certification. An internationally recognized presenter, Dr. Fitzgerald has provided thousands of programs for numerous professional organizations, universities, national and state healthcare associations on a wide variety of topics including clinical pharmacology, assessment, laboratory diagnosis, healthcare and nurse practitioner practice.

For more than 20 years she has provided graduate-level pharmacology courses for nurse practitioner students at a number of universities including Simmons College (Boston, MA), Husson College (Bangor, ME), University of Massachusetts Worcester, Pennsylvania State University, La Salle University (Philadelphia PA, and Samford University (Birmingham, AL). In addition, she is a family nurse practitioner at the Greater Lawrence Family Health Center, Lawrence, MA, and adjunct faculty for the Greater Lawrence Family Health Center family Practice Residency Program.

Margaret holds a Doctor of Nursing Practice from Case Western Reserve University, Cleveland, OH, where she received the Alumni Association Award for Clinical Excellence. Dr. Fitzgerald is the recipient of the National Organization of Nurse Practitioners Faculties’ Lifetime Achievement Award, given in recognition of vision and accomplishments in successfully developing and promoting the nurse practitioner role. She is widely published with more than 100 articles, book chapters, monographs, and audio/video programs to her credit. Her book, Nurse Practitioner Certification Examination and practice preparation (2nd edition) received the American Journal of Nursing Book of the year Award for Advance Practice Nursing and has been published in English and Korean. She has provided consultation to nursing organizations in the United States, Canada, the Dominican Republic, Japan, South Korea, Hong Kong, and the United Kingdom. Dr. Fitzgerald is an active member of numerous professional organizations at national and local levels.
Featured Speakers

Jane Crawford
MSN, APRN
Psychiatric-Mental Health Nurse, PrairieView, Inc.

Wendy Dusenbury
DNP, FNP-BC, APRN, CNRN, ANVP-BC
Assistant Professor, WSU School of Nursing

Mary Faragher
FNP-BC, MSN, APRN
Instructor, WSU School of Nursing

Dawn J. Gosnell
MSN, APRN-CNS, CCRN
Clinical Nurse Specialist, Via Christi Hospitals Wichita, Inc.

Jeanie Harris
MSN, PNP-C, APRN
Associate Professor, Newman University School of Nursing

Karen Hayes
PhD, FNP-BC, ARNP, ACNP-BC
Assistant Professor, WSU School of Nursing; Family/Acute Care Nurse Practitioner, Lake Regional Medical Center

Robert Hieger
MSN, APRN
Nurse Practitioner, EmCare

Connie Hosfelt
FNP-BC, APRN
Family Nurse Practitioner and Case Manager, Wesley Family Medicine

Janell Mayer
PharmD, BCPS, CGP
Clinical Educator, WSU School of Nursing

Marilyn Miller
MSN, FNPC, CNS, APRN
Advanced Practice Registered Nurse, Associates in Women’s Health

Carol O’Mara
DNP, FNP-BC, APRN
Advanced Practice Registered Nurse, CEP America

Jennifer Rodgers
MSN, APRN, ACNP-BC
Director, Office of Advanced Practice, University of Colorado Hospital

Jennifer Sebes
DNP, FNP-C, RN
FNP, GraceMed Good Samaritan Clinic; Instructor, WSU School of Nursing

Amy Siple
FNP-BC, MSN
Associate Professor of Nursing, Newman University

Lindsey Votaw
PharmD, BCPS, CGP
Consultant Pharmacist, Preston Pharmacy Long Term Care
Thursday, September 29, 2016
Pre-conference Sessions
(Pre-registration required - see page 9)

12:30 - 2:30 p.m.
1. 12 Lead ECG - The Basics
   Dawn Gosnell, MSN, APRN-CNS, CCRN
   This session will provide participants with an introduction to 12 Lead ECG focusing on changes associated with myocardial ischemia, injury, and infarction. Management and therapies will be discussed.

2. Evaluation and Treatment of Skin Injuries
   Carol O’Mara, DNP, FNP-BC, APRN & Robert Hieger, MSN, APRN
   This interactive session will provide an overview of the many facets of wound evaluation, wound repair techniques, and anticipated healing outcomes. The information provided will cover various methods of proper wound identification, the affected skin layers involved, and wound categorization. Additionally, appropriate usage of anesthetics, suturing methods and alternatives, stages of healing, and aftercare procedures will be explored.

3. Advanced Assessments for Advanced Practitioners
   Mary Faragher, MSN, APRN, FNP-BC
   This session will provide participants the opportunity for hands-on practice of advanced assessment skills and specific exams to improve the diagnostic process. The focus will be on musculoskeletal and abdominal specific exams with helpful tips to assist in the decision making for which assessments to include in an exam. Case studies will be utilized to guide the practice. Time will be allowed for questions and input from the participants. Participants need to come prepared to perform assessments and exams on each other.

2:30 - 3:00 p.m.
Break

3:00 – 5:00 p.m.
1. 12 Lead ECG - Beyond the Basics
   Dawn Gosnell, MSN, APRN-CNS, CCRN
   The speaker will go beyond the basics into 12 Lead ECG abnormal findings associated with various pathologies. The management and therapies for these identified pathologies will be discussed.

2. Evaluation and Treatment of Skin Injuries
   (REPEAT)
   Carol O’Mara, DNP, FNP-BC, APRN & Robert Hieger, MSN, APRN
   This interactive session will provide an overview of the many facets of wound evaluation, wound repair techniques, and anticipated healing outcomes. The information provided will cover various methods of proper wound identification, the affected skin layers involved, and wound categorization. Additionally, appropriate usage of anesthetics, suturing methods and alternatives, stages of healing, and aftercare procedures will be explored.

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**Conference Agenda**

**Friday, September 30, 2016**
7:00 – 8:00 a.m.
Registration, Breakfast Buffet & Vendor Setup

8:00 – 8:15 a.m.
Welcome
Victoria Mosack, PhD, APRN, PMHCNS-BC, Chairperson and Associate Professor, WSU School of Nursing

**Advanced Practice Nursing and How We Are Evolving**
Alicia Huckstadt, PhD, APRN, FNP-BC, FAANP, Professor and Director, Graduate Programs, WSU School of Nursing

8:15 – 9:15 a.m.
Opening Keynote
*Increasing Access to Patients in Need*
Margaret Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP

Now more than 50 years in existence, the nurse practitioner profession continues to grow in numbers, scope of practice, educational preparation, and diversity of practice sites. This informative session will provide insight into where our profession has been, where it is now, and some predictions of where it is headed with a focus on populations of need.

9:15 – 9:30 a.m.
Break

9:30 – 10:45 a.m.
Concurrent Sessions
1. **Management of Thyroid Disease: Too Much, Too Little, Masses**
   Margaret Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP
   In this case-based program, award winning speaker and educator Dr. Margaret Fitzgerald discusses the most cost-effective tests to order in suspected thyroid disorders, recommended tests and imaging in the evaluation of a thyroid mass, evidence-based guidelines for intervention in common thyroid disorders and thyroid masses, and more.

2. **COPD and Pulmonary Issues—An Update**
   Jennifer Rodgers, MSN, APRN, ACNP-BC
   After completion of the course, the learner will describe latest updates in the management of COPD and updates in pulmonary disease.

3. **ADHD: Battle Within the Mind**
   Jeanie Harris, APRN, MSN, PNP-C
   This session will begin with a review of the 7 common myths surrounding ADHD. Individuals will increase their evidence based knowledge surrounding ADHD. Current therapeutic and pharmacological treatments of ADHD will be covered as well as the prognosis for untreated ADHD in children.

10:45 – 11:15 a.m.
BREAK/Vendors

11:15 a.m. – 12:30 p.m.
Concurrent Sessions
1. **Grab a BEERS List: Medication Management for Older Adults**
   Amy Siple, MSN, FNP-BC
   This interactive presentation addresses the unique pharmacological risk factors that older adults face. A review of pharmacokinetic related age changes will be addressed along with current recommendations for older adult medication management. Interactive cases will help guide the participant in identifying adverse drug events related to high risk agents.
2. Issues in Women's Health: Evaluation and Management of Menopause and Osteoporosis. What's the Role of Vitamin D and a Refresher on Abnormal Paps

Marilyn Miller, MSN, CNS, FNPC, APRN

This session is designed to provide the most current clinical information about the care of the female patient to all healthcare professionals who are involved in the care of women. Emphasis will be placed on practical application of the following evidence-based topics that will be presented. Included in session will be the evaluation and treatment of the menopausal woman. How to select appropriate hormone therapy if indicated. When to screen for osteoporosis and the tools to decide if the patient needs treatment. Does Vitamin D play a role in the treatment of osteoporosis. Identifying and selecting age appropriate pap smear screening based on current pap guidelines.

3. Pharmacologic Treatment of Selected Common Dermatologic Conditions

Karen Hayes, PhD, APRN, FNP-BC, ACNP-BC

This presentation will describe the latest pharmacologic treatment recommendations for selected dermatology conditions seen in primary care. Although there will be information on appropriate diagnosis, the focus will be on prescription as well as OTC medication management for the condition. The latest prescribing recommendations and new medications will be discussed. Some of the conditions include: Tinea, Herpes Zoster, Plant and contact dermatitis, MRSA lesions, and cellulitis.

12:30 – 1:30 p.m.
LUNCH (Provided)

1:30 – 2:45 p.m.
Concurrent Sessions
1. Understanding Ischemic Stroke, Part 1
   Wendy Dusenbury, DNP, APRN, FNP-BC, CNRN, ANVP-BC

Understanding Acute Ischemic Stroke is designed to enhance the knowledge base of the healthcare professional in stroke care. In this session we will discuss the impact of stroke on society, how to identify patients at risk, and steps the clinician can take to promote primary prevention. Early identification of stroke is key to prompt intervention. Participants will learn how to quickly identify patients with stroke symptoms and what emergent steps need to be taken based on available community resources that may be unique to each clinician. The most current evidence based guidelines for care of the ischemic stroke patient will be presented. Stroke etiology largely drives treatment and is paramount to secondary stroke prevention. The participant will learn the steps necessary to identify stroke etiology in order to impact survival and enhance quality of life.

2. UA in the Elderly: The Good. The Bad. The Ugly
   Connie Hosfelt, APRN, FNP-BC

Let’s look at the importance of appropriate rational for ordering a Urinalysis and culture (UA with C@S) in the elderly patient. Then identifying and differentiating clinical features of UTI vs Asymptomatic Bacteriuria. There are challenges in diagnosis and treatment of Urinary Tract Infection (UTI). We must be able to correctly interpret the UA and CX results and identify appropriate antibiotic treatment if warranted. Which includes risk of treatment failure and identification of treatment failure. Identification of treatment of recurrent UTI if meets criteria. Identify risk factors which can be modified. Put preventative measures into place. Let’s look at the current guidelines.

Conference Agenda

Handouts will be available for download from the conference registration website at www.wichita.edu/conferences/aprn following the conference.
3. **Zombie Apocalypse...How to Prevent it with Antibiotic Stewardship**

Janell Mayer, PharmD, CGP, BCPS  
Lindsey Votaw, PharmD, BCPS, CGP

This presentation will provide participants with an overview of antibiotic stewardship and strategies to improve the use of antimicrobials. The mechanism of antimicrobial resistance will be reviewed along with an examination of the bacteria that are considered to be urgent threats. Finally the CDC Core Elements of Antibiotic Stewardship will be discussed.

2:45 – 3:15 p.m.  
Break

3:15 – 4:30 p.m.  
Concurrent Sessions

1. **Understanding Hemorrhagic Stroke, Part II**  
   Wendy Dusenbury, DNP, APRN, FNP-BC, CNRN, ANVP-BC

Understanding hemorrhagic stroke is designed to enhance the knowledge base of the healthcare professional in stroke care. Hemorrhagic stroke carries a high risk of death and disability. Prompt evaluation and evidence based management of the patient with hemorrhagic stroke can impact survival and quality of life. A detailed discussion on pharmacological management will be presented and an interactive case study format will be utilized to summarize the key components of the information presented.

2. **Treating Addiction: Who, How, and How NOT**  
   Jane Crawford, MSN, APRN

This session focuses on the integrated treatment of substance use disorders. The Advanced Practice Registered Nurse will be able to recognize, prevent, and initiate referrals for the addicted patient. In addition, current psychopharmacological treatment for substance use disorders are discussed in detail.

3. **Treating Hepatitis C in Primary Care**  
   Jennifer Sebes, DNP, FNP-C, RN

Hepatitis C now kills more Americans than any other infectious disease. About half of patients with Hepatitis C are unaware they are infected. With the new antivirals, primary care providers are well qualified to treat and cure Hepatitis C. This talk will discuss the current problem of Hepatitis C, how to assess for fibrosis, treatment regimens, and side effects to be monitored. The success of previous studies of Primary care treating Hepatitis C will also be discussed.
Contact Hours for Relicensure

This program is approved for 10.0 contact hour(s) of continuing education (which includes 4.0 hours of pharmacology) by the American Association of Nurse Practitioners. Program ID 16082256. This program was planned in accordance with AANP CE Standards and Policies.

Wichita State University College of Health Professions is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for (7.2) contact hours for the General Conference and each optional pre-conference session is approved for (2.4) contact hours applicable for APRN relicensure. Kansas State Board of Nursing provider number: #LT 0090-0327.

Evaluation and Certificates
Conference participants will evaluate the conference electronically this year. Participants will receive a link to access the evaluation upon conclusion of the conference. Certificates will be available online within 30 days of receipt of their evaluation.

Registration, Fees, and Refunds
The conference registration fee includes conference materials, breakfast and lunch on Friday, and refreshment breaks.

All cancellations must be made in writing. A 15% administrative fee will be assessed on all cancellations (this includes purchase orders). There will be no refunds after September 15. You will receive a confirmation email within 7 – 10 days of the receipt of your registration. If you do not, please contact: conference.office@wichita.edu or call us at (316) 978-6493.

The conference is being facilitated by the Office for Workforce, Professional and Community Education at Wichita State University. Please mail your conference registration and payment by check or purchase order made payable to:

Office for Workforce, Professional and Community Education, Wichita State University
1845 Fairmount Street, Campus Box 136
Wichita, Kansas 67260-0136

Or Fax to (316) 978-3064
Or register online at:
www.wichita.edu/conferences/aprn

Doubletree by Hilton Wichita Airport
2098 S. Airport Rd.
Wichita, KS 67209

Making a Reservation
Reservations must be received by September 9. Reservations can be made by calling the hotel directly at 316-945-5272 or 1-800-247-4458, or online.

Reservations received after this date will be accepted on availability, at the best available rate at the time of reservation.

Room Rate
Special rates for conference attendees and exhibitors have been arranged with the Doubletree. Single and double room rates are $112.00 + tax.

Check In/Out
Check in time is 4:00 p.m. If you arrive before 4:00 p.m. the hotel will accommodate as rooms become available. Check out time is noon. The hotel bell captain can store your luggage if you arrive early and your room is not available.

Smoking/Non Smoking Rooms
All sleeping rooms are non-smoking.

Internet Access
There is complimentary high-speed internet access in all guest rooms.

Parking
There is no charge for parking.
Registration

Early Registration must be postmarked by September 9, 2016.

Please type or print clearly
Name (as it appears on your nursing license):_____________________________________________________
Home address:_________________________________________City:__________________KS Zip:_______
Home Phone:______________________________Business Phone:___________________________________
Badge Name:______________________________E-mail address:____________________________________
Organization:______________________________________________________________________________
Business/Billing Address:_______________________________________________
City:_______________________________________________________________KS Zip:_______________
County:_________________________Nursing License # (required):__________________________________
Please circle if you are a: NP  CNS  CNM  CRNA  APRN Specialty:__________________________________
Are you a WSU Alumni?:______Year of Graduation:_____

Pre-session Fees (pre-session topics listed below):
One pre-session $75.00 $_______________
Two pre-sessions $125.00 $_______________

Please check which pre-sessions you plan to attend (required):
Thursday – 12:30 p.m. – 2:30 p.m.
_____ 1. 12 Lead ECG - The Basics
_____ 2. Evaluation and Treatment of Skin Injuries
_____ 3. Advanced Assessments for Advanced Practitioners

Thursday – 3:00 p.m. – 5:00 p.m.
_____ 1. 12 Lead ECG - Beyond the Basics
_____ 2. Evaluation and Treatment of Skin Injuries (REPEAT)
_____ 3. Advanced Assessment for Advanced Practitioners (REPEAT)

Conference Registration Fees:
_____ Early Bird Registration Fee (prior to September 9) $150.00 $_______________
_____ Registration Fee (after September 9) $175.00 $_______________
_____ Walk-in Registration (Day of Conference) $200.00 $_______________
_____ Current APRN Students & WSU Faculty $50.00 $_______________
_____ I require vegetarian meals
_____ Other special dietary needs

TOTAL AMOUNT ENCLOSED OR NOTED ON PURCHASE ORDER $_______________

Payment method:_____Check____Purchase Order_____Visa______Mastercard____American Express____Discover
CC#______________________________________Security Code________Expiration Date:________________
Name as printed on the card:_________________________________________________________________
Signature:________________________________________________________________________________

(PLEASE SELECT CONCURRENT SESSIONS ON PAGE 10 & RETURN WITH YOUR REGISTRATION)
Registration Cont’d

Please pre-register for Concurrent Breakout Sessions:
(Please see pages 4–7 for detailed descriptions. For planning purposes only, DOES NOT guarantee seating.)

Concurrent Sessions - Please indicate the sessions you plan to attend.

Friday – 9:30 a.m. – 10:45 a.m.
1. Management of Thyroid Disease: Too Much, Too Little, Masses
2. COPD and Pulmonary Issues—An Update
3. ADHD: Battle Within the Mind

Friday – 11:15 a.m. – 12:30 p.m.
1. Grab a BEERS List: Medication Management for Older Adults
2. Issues in Women’s Health
3. Pharmacologic Treatment of Selected Common Dermatologic Conditions

Friday – 1:30 p.m. – 2:45 p.m.
1. Understanding Ischemic Stroke, Part I
2. UA in the Elderly: The Good. The Bad. The Ugly
3. Zombie Apocalypse...How to Prevent it with Antibiotic Stewardship

Friday – 3:15 p.m. – 4:30 p.m.
1. Understanding Hemorrhagic Stroke, Part II
3. Treating Hepatitis C in Primary Care

Please return this form along with payment information or purchase order to:
Office for Workforce, Professional and Community Education
Wichita State University
1845 Fairmount, Campus Box 136
Wichita, Kansas 67260-0136 or fax to: (316) 978-3064
For questions regarding your registration, please contact the WSU Conference Office at (316) 978-6493;
or e-mail: conference.office@wichita.edu

Right of Termination for Cause
This agreement and the University's obligations hereunder regarding this conference and the presentation of any or all associated sessions and optional entertainment events are subject to acts of God, war, terrorism, government regulations, disaster, fire, strikes, civil disorder, curtailment of transportation facilities, or other similar cause beyond the control of the parties making it inadvisable, illegal, or impossible to hold the event or provide the facility. If the conference or any associated event is cancelled due to one of the aforementioned occurrences, the liability of the University shall be limited to refunding the conference registration fee or a portion thereof. The University shall not be responsible for consequential damages, including, but not limited to, any losses incurred by registrants including, but not limited to, airline cancellation charges, hotel deposits and other associated travel costs.

Special Accommodations
Wichita State University is committed to making programs accessible to people with disabilities. If you wish to volunteer information regarding any special assistance you may need, please contact the Office of University Conferences at (316) 978-6493.

Notice of Non-Discrimination
Wichita State University does not discriminate in its employment practices, educational programs or activities on the basis of age, color, disability, gender, gender expression, gender identity, genetic information, marital status, national origin, political affiliation, pregnancy, race, religion, sex, sexual orientation, or status as a veteran. Retaliation against an individual filing or cooperating in a complaint process is also prohibited. Sexual misconduct, relationship violence and stalking are forms of sex discrimination and are prohibited under Title IX of the Education Amendments Act of 1972. Complaints or concerns related to alleged discrimination may be directed to the Director of Equal Opportunity or the Title IX Coordinator, Wichita State University, 1845 Fairmount, Wichita KS 67260-0138; telephone (316) 978-3187.