August 3, 2009

Heskett Headlines

Volume 1 . Issue 12

Welcome Back! The aquatic department is excited to start the fall semester with a few new staff members. Sheana is our new graduate assistant. She is from Nebraska and will be working towards her master’s degree in sport management. Brelen and Andrea are joining our lifeguard staff as well.

- Camp WU Shock is back!!! Fall dates: September 8th, October 16 & 19th
- American Red Cross Learn-to-Swim starts September 26th and runs on Saturday mornings at 10am until November 7th
- Adult Stroke Clinics will start in September. Fall dates: September 25th, October 23rd, and November 20th
- Children’s gymnastics starts September 26th and runs on Saturday mornings at 9:15am and 10:15am until November 7th
- Adult swimming lessons on Tues/Thurs evenings. First session begins September 15 and runs until October 8th

For more information on Fall programming call Sheana at 316-978-5311 or check out our website at www.wichita.edu/heskett where all the information on the above programs will be posted by 8/20

Stop lugging your stuff!

LOCKER RENTAL available after August 10th.

Don’t miss out!

Sneak peek at Aquatic & Children’s Fall Programming

Fitness & Wellness found on the Web

Wichita State Fitness & Wellness is on Facebook. Become a fan today!

Follow the Fitness & Wellness department on Twitter (@fitweeter) for an inspirational quote related to fitness or an interesting fitness fact!

Shocker Walkers’ CLUB

Stop lugging your stuff!

Summer Projects: Update

The gym courts were shut down on July 27 and will re-open on August 17. The courts will be re-sanded for the first time since they were installed in the mid 1990s. The tennis courts are currently being resurfaced to fix all the cracks. The tennis court project should be completed by August 17. In the racquetball area, four of our courts will be getting a new top coat for the wood floor.

In the cardio room, the Heskett Center has purchased five new machines. Information about the new machines will be out in next month’s issue of Heskett Headlines. The new cardio machines should be ready to go by August 20. The cardio room will have four new flat screen televisions to replace the three tube televisions that are currently in the room. In addition, the cardio room will have a new paint job.

Questions, comments, or if you wish to remove your name from the Heskett Headlines & announcement mailing list, contact laura.young@wichita.edu or call 316-978-5281.