Roommate Topics

**STEP ONE** Fill out the first two pages on your own.

**STUDY HOURS** (check each you agree with)
When I study... ○ I like it to be quiet. ○ Activity/noise doesn’t bother me.
I’ll probably do most of my studying ○ in our room. ○ somewhere else.
□ I like the idea of having regular study/quiet hours in our room.
More specific ideas that might go into our roommate plan:

**SLEEP** (check each you agree with)
I like to go to sleep around ___ p.m. ___ a.m., and I usually wake up around ___ a.m.
I have a hard time sleeping □ if the lights are on □ if there’s talking or noise.
□ Wake me up if you know I need to be somewhere important.
□ Let me sleep in, even if you know I need to be somewhere.
More specific ideas about sleep and quiet that might go into our roommate plan:

**FOOD** (check each you agree with)
□ You’re welcome to eat or drink whatever’s mine.
□ I prefer to keep our food/snacks/beverages separate.
□ We might be able to share some things. Let’s talk about how to handle this.
More thoughts about organizing our food, using the refrigerator, & purchasing:

**OUR STUFF** (Like computers, TV, phones, music devices, sound system, microwave, games/gaming systems, etc.)
Here’s a list of some of my stuff you can use without asking:

Here’s a list of stuff I want you to ask about before using:

Personal stuff I don’t want you to use:

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**CLEANING** (check each you agree with)
□ I don’t mind a messy room. □ I like a clean room. □ I don’t mind cleaning.
□ I don’t like to clean. □ I think we need to share the cleaning chores equally.
□ It might be a good idea to have a regular cleaning schedule and plan.
A list of specific cleaning chores we’ll need to do regularly include:

Chores I’m willing to do:

More specific ideas that might go into our plan:

**PRIVACY AND GUESTS** (check each you agree with)
If you plan to have guests...
□ Ask me ahead of time to make sure it’s OK. □ There’s no need to ask.
□ If I need to study or sleep, please find another place for your guests.
□ If I need for your guests to leave, I’ll let you know.
□ For overnight guests, give me at least a day’s notice.
□ For overnight guests, I do not need notice.
More specific ideas about privacy that might be a part of our plan:

**COMMUNICATION** (check each you agree with)
□ I’m usually direct. You’ll know when we need to talk.
□ I’m sometimes indirect. Let me know if you think we need to talk.
When issues come up and we need to talk, you can:
□ tell me directly □ write a note □ suggest we meet with the residence staff to talk
□ other
More specific ideas about discussing & resolving issues or conflicts:

**OTHER TOPICS**
Discuss your thoughts/ideas/experiences for each of the following:
□ alcohol use/abuse □ family concerns □ medical issues/allergies
□ laundry □ pet peeves □ taking messages
□ religious background □ dating relationships □ tobacco
□ questions I have about housing policies and guidelines

Fill in the boxes with more that would be good for your roommates to know about you:

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**STEP TWO** Arrange to meet with your roommate(s) for your discussion. You may also want to have a residence life staff member help with the conversation.
**OUR AGREEMENT**

**STEP THREE** After discussing the topics, agree to a plan for each one. If you need more space, grab extra sticky notes or a sheet of paper to expand your ideas.

**OUR AGREEMENT**

**Signatures (everyone signs):**

It’s a good idea periodically to evaluate how the plan is working. The first review of our plan will be on ______ (date.) as issues come up or things change, we will negotiate changes to our plan. If we need help from the residence life staff, we will ask for it.

**Step Four**

Read over the form and turn in to your RA.

**LET S TALK**

For Roommates!

**Why?**

Having a roommate is a great way to make a new friend. This booklet is used to make sure that you and your new roommate are going to grow closer and avoid conflict.

**Directions:**

1. Fill out pages 1 & 2 on your own.
2. Meet to discuss the topics.
3. Create "Our Agreement" on page 3.
4. Turn form in to your RA.