During October, your student is hopefully settled in and comfortable with our campus; however, midterm exams can create stress and anxiety among new students. You may want to refer to the Office of Student Success’ resources from last month if your student is worried about their academic performance. This month, your student will be able to access information to prepare for the spring enrollment process.

Encourage your student to check their academic record to ensure they are eligible to enroll at the earliest possible time. Links to the schedule of courses and a helpful semester academic schedule can be found at wichita.edu/schedule. If they aren’t already, encourage your student to become familiar with the academic advising process and reach out to advisors for help in the degree planning process.

**How CAN FAMILIES HELP?**

- Encourage your student to check their academic record on myWSU to make sure all previous coursework has been posted to their transcript (if applicable). Your student will also need to begin to plan for the upcoming semester by meeting with an academic advisor. If your student doesn’t know where to go for advising, visit wichita.edu/academicadvising. If he or she doesn’t know which college houses their major, visit wichita.edu/majors.

- If your student is unsure of their intended major or needs help choosing one, encourage them to visit the Career Development Center and explore resources at wichita.edu/careerdevelopment.

**Conversation STARTERS**

- How did midterms go?
- What types of instruction helps you learn the best (for example, lecture, seminars, online)?
- Are you happy with your choice of major?