Ask a Shocker Nurse: Heather Stafford, RN, BSN
Student Wellness Action Team

Happy October, Shockers!

This month, Student Health Services would like to highlight a student organization at Wichita State University. Student Wellness Action Team (S.W.A.T.) is a student organization that has been active for two short, but successful, years. S.W.A.T. has a wonderful purpose on campus promoting healthy choices in every aspect of life including physical, nutritional and emotional health.

The team is led by students and advised by Student Health Services, Counseling and Testing and Campus Recreation. Big Pink Volleyball, a popular philanthropic and active event on campus, is the brainchild of the S.W.A.T. organization. This event has raised over $2,000 to support breast cancer awareness.

Additionally, S.W.A.T. helps other campus departments and organizations with their wellness events, such as health fairs, free healthcare service clinics and free “giveaways” for students. If you are looking for a fun organization to belong to, check out the Student Wellness Action Team every Thursday at 3 p.m. in 209 Ahlberg Hall. If you would like more information, please contact Brittany Osborn, S.W.A.T. President, at blosborn@wichita.edu.

The 3rd Annual Big Pink Volleyball Event will be Sunday, October 19 at 2 p.m. in the Heskett Center Gym. What is Big Pink Volleyball? Big Pink Volleyball is a philanthropic event to raise funds for breast cancer charities. Last year, we raised $1,400 for local organizations that help support breast cancer awareness. This year the proceeds will be split between two organizations: Victory in the Valley and Early Detection Works.

Teams play in a double-elimination volleyball tournament with a four-foot wide, hot pink volleyball. Teams are made of 5-6 people and the registration cost is $10 per person, which includes a t-shirt. Door prizes and awards for the winners will be available. Registration forms may be picked up at Student Health Services, Counseling and Testing, Campus Recreation and Student Involvement. You can also complete your registration on our website. Registration fees are due by October 17, 2014.

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FALL 2014
FLU SHOT CLINICS

Shocker Hall Flu Clinic
Building A
Wednesday, October 1, 11 A.M. – 1 P.M.

Fairmount Towers Flu Clinic
Monday, October 6, 5 P.M. – 7 P.M.

Office of Diversity and Inclusion Flu Clinic
Rhatigan Student Center, Room 208
Tuesday, October 7, 10 A.M. – 12 P.M.

West Campus Flu Clinic
Tuesday, October 7, 5 P.M. – 7 P.M.