The Blueprint for a Lifetime of Success

Newsletter for TRIO Day 2006

The agenda for National TRIO Day 2006 is filled with motivational sessions and a team of exciting speakers. Most presenters are current and former participants in Wichita State University’s (WSU) TRIO programs. Presenter Brian Black is a former TRIO participant in the South Carolina Talent Search program.

We are very proud of the individuals who have participated in one of the seven programs and look forward to them sharing their experiences with current middle and high school students. TRIO has helped thousands of individuals complete secondary and postsecondary, prepare for future careers, realize the importance of their future, and promote a desire to give back to the community that helped them realize their goals and dreams.

Featured speaker Luis Ibarra will share his vast experience and motivate students to take the future seriously and gather as much experience as possible to make themselves more marketable as they prepare to advance in a diverse society.

This year’s TRIO Fair will give students the opportunity to talk with program staff to decide if they would like to explore other options available. The Disability Track is embarking on an effort to train faculty to better address the needs and issues of person with disabilities. We look forward to having our guests and students join us for an exciting day filled with the opportunity for personal and professional growth. The Blueprint for a Lifetime of Success is an ongoing evolving plan.

Luis Ibarra, President and CEO, Friendly House in Phoenix, Arizona will be the keynote speaker for this year's program. Mr. Luis Ibarra was selected as this year’s keynote speaker because of his extensive experience in health and human services, human development and multicultural education. Ibarra is nationally recognized as a motivational speaker with invaluable insights in the area of cultural diversity.

Ibarra has served on the Valley Leadership board, the Arizona State Bar Board of Governors, the Enterprise Community Steering Committee, the Phoenix Police Hispanic Advisory Committee, the Habitat for Humanity board, the ASU Nonprofit Institute Advisory Committee, the advisory board of the Mexican-American Legal Defense Education Fund, and the Rio Salado Restoration Committee. He studied undergraduate and graduate social work at Arizona State University and has a Master's degree in organizational management from the University of Phoenix.
How Collaboration during TRIO Day Assists the Programs

The Federally funded TRIO programs provide educational outreach and support to low-income and potential first-generation college students to enable them to graduate from high school and continue in post-secondary educational institutions. Wichita State University hosts seven TRIO programs, the State-wide Kansas Kids @ GEAR UP program and the Office of Disability services (ODS). The programs provide comprehensive activities and support to students from kindergarten to college and even up to a doctoral degree.

The National TRIO Day event is an attempt to showcase these programs and their mission. The hallmark of TRIO Day celebrations is the collaborative efforts of nine programs within the Office of Special Programs (OSP) to come together and provide well-organized and quality sessions addressing a diverse population.

Collaboration among the programs within the OSP is not an effort, but a culture. The National TRIO Day event is a manifestation of the united efforts of these programs to best serve the interests of the students. The main advantages that the Special Programs office enjoys because of collaboration are: heightened program quality and vitality, exhaustive use of limited resources, broadened perspectives on concepts and practices, and extended outreach and visibility.

Heightened program quality: Collaboration across these programs allows thorough review and effective program planning. The National TRIO Day event with a history of experienced program staff enables to critically review the program organization, sessions, speakers, and other aspects of the day. Experienced colleagues share success stories and caution against past problems. Newer colleagues bring fresh perspectives to the table. By introducing the aspect of systematic and scientific evaluation of the program, a sustained effort is made to continue to improve the quality of the TRIO Day event.

Exhaustive use of limited resources: Increased costs of accessories along with a steady decline in funding and existing resources can create challenges in organizing an event. Collaboration encourages sharing of resources, and sharing not only increases the use but also the value of the resources. For instance, during the National TRIO Day, transportation costs, when shared among the programs, helps to transport students belonging to different programs in adjacent areas, and thereby cuts cost and the time that human personnel require to chauffeur them. Similarly, by pooling in monies, it has become possible to reserve a spacious facility for the event and provide for well-known speakers at a competitive price.

Broadened perspectives on concepts and practices: When all the TRIO and GEAR UP programs were viewed together, the programs reflect a truly contiguous picture in their support to the students. While it is possible that the program administrators and staff, because of their continuous association with other programs, may have already got a broad perspective on their impact, collaboration changes the way the program clientele and the community at large look towards these programs. Students belonging to the program become aware of other similar programs and also explore future programs that may continue helping them in their educational pursuits. It also builds a sense of community among the students. The larger community beyond the programs, also get an impression of these programs as those with a common mission and strong commitment to the cause of low-income and potential first generation students.

Extended outreach and visibility: One of the outcomes of collaboration is increased outreach and visibility. Cooperation among programs, because of the sharing of resources, helps the programs to reach the farthest sections of the society and provide program services. Also, collaboration leads

(Continued on page 4)
Middle School Track

The Middle School Track sessions concentrate on careers in the social services. A venerated panel consisting of some of Wichita’s finest professionals will be featured.

The “Careers in the Social Services” will be moderated by TRIO Talent Search Middle School Coordinator, Ms. Stephanie Haynes. The following speakers are on the panel to address social service careers: 

**Brian A. Black**

Brian A. Black is the President and CEO of the Urban League of the MidPlains, Inc. The Urban League is a non-profit economic development agency committed to the principle of economic opportunity for all citizens in housing, education, employment and economic development without regard to race or socioeconomic status. The Urban League utilizes collaboration as its platform to create economic opportunities in the less affluent areas of Kansas.

The Urban League of the MidPlains is one of 101 affiliates of the National Urban League located in 36 states and the District of Columbia.

The mission of the Urban League is to improve the social and economic self sufficiency of African Americans and other children and families by empowering them to cultivate and exercise their full potential.

A product of the Urban League movement, Mr. Black holds Bachelor’s and Master’s degrees from the University of South Carolina. He is the first in his family to attend college. Mr. Black is the son of the late Josephine Black.

Mr. Black has received numerous awards and recognitions, including a Community Service Award from President William Jefferson Clinton. He is a member of St. Mark United Methodist Church and 100 Black Men of America.

**Teresa Lovelady**

Teresa Lovelady is the Coordinator for the Mental Health Association of South Central Kansas - Pathways/PATHS for Kids Program in Wichita, Kansas.

Teresa is a graduate of Chicago State University with a Bachelor's degree in Business Administration. In her current position, Teresa coordinates a program that provides early intervention and violence prevention targeted to children ages 5 – 11. The children are at risk for juvenile delinquency, expulsion and/or suspension from elementary school.

Originally, Teresa wanted to be a high school English teacher but changed her major to business. During college, she worked as an administrative assistant and helped to organize several programs and events to encourage at risk children to attend college. She became so passionate about supporting at risk children, that she eventually began work in the social service field.

**Margot Breckbill**

Margot Breckbill, is a health care professional and motivation speaker. She describes herself as “basically a maternal/child health nurse who for

(Continued on page 4)
Middle School Track Continued

40 years ago became interested in adolescent pregnancy and because of that interest she evolved into a sexuality educator.” Margot received her Bachelor's of Science in Nursing from the University of Vermont and received a Master's degree from Friends University in Family Development and Education.

She is employed at Wesley Medical Center as a Family Life Educator. She teaches Lamaze, Breastfeeding, Infant Massaging, a puberty class called “Girl to Woman” and is involved in a variety of other classes. Ms. Breckbill also co-teaches Human Sexuality at Wichita State University. Margot is a consultant with Early Head Start and works with teen mothers, teaches sexuality classes and performs assessments on the newborns.

Margot’s time is well spent in educating others about human sexuality. She states, “It makes for an interesting life for a grey-haired lady.”

Edith Knox
Mrs. Edith Knox is a native Virginian, has three daughters and two granddaughters. Her hobbies include traveling, playing bridge, reading and interacting with people.

Mrs. Knox is Executive Director of Knox Center Inc., a substance abuse treatment center. Edith Knox received her Bachelor of Science degree from Virginia State College in Petersburg, Virginia. She continued her post-graduate studies at Wichita State University and Emporia State University. In 1988, Edith received her Master of Education degree in Counseling & School Psychology, from Wichita State University.

Edith has numerous community affiliations; Conference Facilitator, St. Albans Episcopal Church, Kappa Alpha Psi Silhouette, Kansas Alcohol and Drug Addiction Counselor’s Assn., Kansas Association of Alcohol and Drug Program Directors, Kansas Multicultural Association on Substance Abuse secretary, Delta Kappa Gamma Education Sorority Committee Chair, Executive Board Member of NAACP, Member of Mayor Knight’s Committee on Racism, Member of the National Black Women’s Health Project, Board Member of Breakthrough Mental Health Association, Member of Council of Elders, Member of Chamber of Commerce, Member of Parents as Teachers Budget Committee, Member of Parent and Community Support Network USD#259, and a Member of Weed & Seed Committee.

Collaboration Continued

…to increase in numbers and activities. This increase in size is noticed by the community and the media. In a democracy where numbers matter, collaboration is an important aspect for political lobbying. The 2005 TRIO Day event, as covered by the local media, illustrated how collaboration could help communicate the success stories and positive impact of the programs at the local, state and national level.

The 2005 Let’s Talk TRIO – Spring Newsletter discussed that learning communities are groups where members engage in meaningful learning activities, and develop a sense of responsibility towards creating and belonging to a community of peers. Collaboration among TRIO, GEAR UP and Office of Disability Services is an important factor towards creating a learning community among the student population. It has and continues to increase intellectual interaction among students and the program staff, permeates the group with a sense of community success, and provides for maximum impact without compromising program quality. The National TRIO Day event is a testimony of this collaborative effort.
Concurrent Session 1 - "Working Together"
This session will offer an opportunity for participants to learn from a panel of college graduates who are TRIO alumni. The panel are currently members in the work force and will discuss various experiences that they have been afforded since graduating from college. Those experiences will include searching for a position (networking, relocating and interviewing), sharing experiences on the job and transitioning from a changing level of responsibility.

Christa Platt
Christa Platt is a recent graduate of Wichita State University and the newest member of the Office of Multicultural Affairs (OMA). She received a Bachelor of Science in Criminal Justice. As an undergraduate, Christa participated in the TRIO Ronald E. McNair Scholars Program and was inducted into Who's Who Among American Colleges and Universities. Her responsibilities in the OMA consist of coordinating events that are responsive to the needs of a culturally diverse population and promoting a climate that is conducive for embracing multicultural diversity. Additionally, Christa will be advising the Multicultural Student Mentoring Program.

Solomon Adair
Solomon was born and raised in Wichita, KS and is the oldest of four children. Solomon attended Curtis Middle School and then Southeast High School. He was an active participant in the TRIO Talent Search Program at Wichita State University during his high school years. Though most of his childhood was marred by an unstable family environment, Soloman was self motivated. As the oldest sibling, Solomon worked hard to be a positive role model for his younger siblings.

Solomon has a bright future after graduating from Wichita State University with a Business Management degree and a minor in Spanish. While he is still contemplating career options, he has taken a keen interest in real estate and applying to graduate programs that may also offer the opportunity to study theology. His interest in religious studies began at age sixteen when he became an ordained minister. His commitment to his ministry helped him to encourage and motivate students to seek spiritual direction in making good choices. Currently, Solomon is a business owner through Primerica, a member of Citigroup, where he gives families financial advice in life insurance, debt consolidation, home mortgages, and investments.

Marc Davis
Marc is a first generation student who joined the TRIO McNair Scholars Program. He was a tutorial staff member of Student Support Services from Fall 1995 till 1998 when he graduated from WSU and then attended Washburn School of Law graduating in 2001 with a degree in Law. Marc now has a private practice (Law Office Of Marc Davis) located in downtown Wichita.

(Continued on page 6)
Crishel Kline

Crishel was born in Wichita but moved away as a child. She returned during her teen years, dropping out of high school and later receiving her GED. She enrolled as a student at Wichita State University and is now achieving her dream of receiving her undergraduate degree in Psychology. Crishel enrolled in TRIO Student Support Services (SSS) and was recommended to the TRIO McNair Scholars Program. Crishel did not expect that graduate school would be an option for her but, through the McNair Program, she came to realize that she could go on to graduate school.

For the academic year 2004-2005, Crishel conducted research on body building and personality. Dr. Rob Zettle of the WSU Psychology Department served as her mentor. This year, Crishel will be working with Dr. Jeremy Patterson, Kinesiology and Sport Studies, to further explore lifting mechanics and valsalva. Crishel has now applied for graduate school and plans to continue her studies in the field of Psychology. She is currently employed as a personal trainer with Fitness 2000. Her career goal is to work with a special population in sports at the collegiate or professional level.

Crishel is the proud parent of one daughter who attends middle school.

Concurrent Session 2 - "The Next Step"
This session will offer an opportunity for participants to learn from a panel of current college students who are TRIO alumni and who will offer information, advice and the "lessons learned" as they transitioned from high school to college.

Kaci Tucker
Kaci Tucker is a graduate of Heights High School where she loved staying busy in school activist which included studying, organizing a homecoming dance, events in the community, as well as being an active participant in TRIO Talent Search. She played volleyball and softball for a few years, discovering then that she is a leader. When she became involved in groups which interested her, she felt an urge to be a bigger part of them. If she saw opportunities to lead, she took them. Being involved and caring about her school and community has led to greater opportunities in traveling and networking. A few groups she was a member of included Student Council, Peer Leadership, Business Ambassadors, SADD, Wichita’s Promise Youth Council, Ambassador’s Association, and District II Advisory Board, all while holding a part-time job. A little over a year ago, Kaci started an internship at Smith Barney. She loves going to work every day which allows her to develop both professionally and personally. Finding, creating, and taking opportunities is very important to Kaci. Kaci’s advance studies in Spanish have allowed her to take her learning abroad. She studied in Puebla, Mexico over the summer and plans to continue in Spain next.

(Continued on page 7)
spring. Currently, Kaci is a sophomore at Wichita State University where she is studying International Business, Spanish, and Marketing. She continues to sit on the District Advisory Board as she continues her involvement in the community.

**Philip Pettis**

Philip Pettis is a junior at Wichita State University majoring in criminal justice and psychology. He is active with the Wichita State Band, Choir and other community music ensembles as well as being employed by the university as a supervisor for the Annual Fund for Excellence. In addition to his campus life, Philip is involved in his church, and spends much of his free time with family, especially his youngest brother, Alex. He is a 2003 graduate of Northeast Magnet high school and alum of the TRIO Upward Bound Math Science Regional Center. Upon graduation, Philip with an interest in science and art, and a desire to go to college, did not know the exact steps to get there. The third child in a family of five, Philip wanted to continue his growth and focus on achievement. Prior to high school graduation, Philip underwent a three year metamorphosis. The light bulb finally “came on” for him in the midst of his sophomore year. He decided that his current GPA was not acceptable if he was serious about post-secondary education. When asked what the impetus for his change was, Philip bluntly states that he just decided he could do better and started trying to do just that. Philip now enjoys an involved collegiate career with many friends, campus involvement, and great grades. His decision to attend college has changed his life.

**Natalie McLaurian**

Natalie McLaurian was born and raised in Wichita, Kansas. She attended Heights High School. In high school Natalie participated as senior class president, was a member of student council, peer leadership/mediation, National Honor Society, gospel choir, and Spanish Club. McLaurian was on the honor roll throughout high school as well as a focused student by taking college preparatory classes while attending Heights. In her four years of high school, McLaurian worked with younger students as a mentor/tutor at Mueller, Gammon and Cloud elementary schools. At St. Paul African Methodist Episcopal Church, she has shared her gift of dance by instructing spiritual dance classes for the youth. She is currently a sophomore at Wichita State University. While attending WSU, Natalie has participated in Student Activities Council on the family committee as well as becoming a member of Alpha Kappa Alpha sorority. Natalie McLaurian, was awarded the

(Continued on page 8)
Linwood Sexton Scholarship at Wichita State University for 2004-05. The four-year scholarship provides full tuition, books, fees and on-campus housing. "Being a native of Wichita has given me the opportunity to observe the impact Linwood Sexton has had on the community," said McLaurian. "He tirelessly promotes education and community involvement. These are the qualities I would like to emulate, and I am working toward that goal."

**Nancy Martinez**

Nancy Martinez grew up in the southern most tip of Texas. By the 8th grade she moved to Wichita, Kansas. Since moving, Nancy spent the next three years traveling back and forth from Texas to Kansas. After the death of her brother-in-law Nancy moved to Texas to help her sister through this horrible experience. School was not an option at this point. After missing an entire year of school, Martinez realized she wanted a better life for herself and her family. As a result she moved back to Kansas and was able to graduate with her class by going to Metro-Midtown. Currently, Nancy Martinez is a freshman at Wichita State University majoring in Psychology.

**Demetrice Carney**

Demetrice Carney is a sophomore at Wichita State University. Although this is his first year at the University he has worked hard and advanced to the sophomore level. He attended Wichita Heights Highs school. As a High School student he was very active in school and continues to stay active in college. He is a member of WSU's Student Activities Council. Demetrice's current major is Social Work with a minor in Spanish.

**Concurrent Session 3 - "TRIO Fair"**

The TRIO Fair will give National TRIO Day participants the opportunity to view and receive information from each TRIO program, GEAR UP and Office of Disability Services at Wichita State University. Informational tables staffed by program personnel will be available to offer assistance and answer questions.

TRIO Programs are 100% federally funded by the US Department of Education. GEAR UP is 50% funded by the U.S. Department of Education and 50% funded through state and local sources. Office of Disability Services is 100% State Funded.

Notice of Nondiscrimination

Wichita State University does not discriminate on the basis of race, religion, color, national origin, gender, age, marital status, sexual orientation, status as a Vietnam-era veteran, or disability. Any persons having inquiries concerning this may contact the Office of Equal Employment Opportunity,

Wichita State University, 1845 Fairmount, Wichita, Kansas 67260-0145,

(316) 978-3001.
Adult Track

Adult Education: Implications for TRIO Programs
Presenter: Dianne Glass, Kansas Board of Regents, Adult Education Division

Dianne joined the Kansas Department of Education in 1992 as an Education Program Consultant. In July 1999, her unit was transferred to the Kansas Board of Regents. In August 2000 she became the State Director of Adult Education. She currently serves on the United States Department of Education Adult Education and Literacy Policy Council and the United States Department of Education National Reporting System Advisory Board.

Ms. Glass will share information on current trends and changes to the educational landscape in the area of adult education. Discussion on the implications and possible impacts to programming/service delivery to adult populations. All Educational Opportunity Programs and programs serving adult populations are encouraged to attend.

Finding the New You
Presenter: Mr. Luis Ibarra, President and CEO, of Friendly House in Phoenix, Arizona

What motivates a person to become a success? During his presentation, Mr. Ibarra will seek to inspire adults and those individuals working to support adult education efforts. Mr. Ibarra will informally discuss his personal story. Mr. Ibarra will share how he became motivated to become a CEO. His story will inspire adults in taking the first step towards reaching their full potential.

Disability Awareness Track

Developing the Awareness of Faculty about the Difficulties Students with Disabilities Face
Presenters: Grady Landrum, Director, Office of Disability Services and Martha Lewis, Director, Disability Support Services

The Disability Awareness Track focuses on facilitating a fundamental shift in attitudes and awareness about the education and employability of people with disabilities. This is a hands-on training session designed to increase the awareness of faculty concerning accessibility accommodations for students with disabilities and to enhance students with disabilities participation in higher education. Participants will take part in a computer based training session that will challenge their understanding of disabilities and accommodations in higher education.

Adult Track Continued

Counseling Nontraditional Women in Higher Education
Presenter: Salyi Vu, Program Specialist, Educational Opportunity Centers Program

Attendees will learn about the overlooked issues that affect this population and what practices you may want to address in order to serve these women more efficiently. Attendees will also be given a template to serve as a tool that will assist in enhancing current plans or building a plan. Copies of research reports on various populations served by the TRIO Programs will be available.
Wichita State University TRiO Programs, Office of Disability Services, and GEAR UP

National TRiO Day Celebration
Wednesday, February 15, 2006
Eugene M. Hughes Metropolitan Complex

TRiO: The Blueprint for a Lifetime of Success

Middle School Track Component

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<th>Time</th>
<th>Event</th>
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<tr>
<td>10:00 – 10:15 am</td>
<td>Welcome and “Reasons for TRIO” Video</td>
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<tr>
<td>Lowe Auditorium</td>
<td>Larry Ramos, Director, TRIO Talent Search/Project Discovery</td>
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<tr>
<td>10:15 – 10:55 am</td>
<td>Roundtable Discussions with Guest</td>
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<td>Speakers: Brian Black, President and CEO of the Urban League of the MidPlains, Inc.</td>
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<td>Margot Breckbill, RN, BSN, MS, CIMI, CFLE, LCCE, CBE, Wesley Medical Center</td>
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<td>Edith Knox, Executive Director of Knox Center Inc.</td>
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<td>10:55 – 11:00 am</td>
<td>Break</td>
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<td>11:00 – 11:30 am</td>
<td>Surprise Guest from Mental Health Association</td>
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<td>11:30 – 11:45 am</td>
<td>Questions/Answers/Drawings/Surveys</td>
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<td>Moderator: Stephanie Haynes, Middle School Coordinator TRIO Talent Search/Project Discovery</td>
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<td>12:00 – 1:15 pm</td>
<td>LUNCH</td>
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<td>Gymnasium</td>
<td>Master of Ceremonies: Michael Imbert, Math and Study Skills Intern/Tutor, Student Support Services</td>
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<td>Remarks: Dr. Ronald Kopita, Vice President Campus Life and University Relations, WSU</td>
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<td>Introduction of Speaker: Alejandro Millan, Student, Upward Bound Wichita Prep</td>
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<td>Luncheon Speaker: Luis Ibarra, CEO, Friendly House, Phoenix, AZ</td>
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<td>1:30</td>
<td>Depart for Schools</td>
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High School Track Component

Concurrent Sessions I

10:00 – 10:35 am  TRIO Alumni Panel
Room 185
Speakers: Solomon Adair, Krista Platt, and Marc Davis

Moderator: DeAndre M. Morris, Sr. Director of Pathways
Mental Health Association of South Central Kansas

10:00 – 10:35 am  TRIO Current College Students Panel
Room 138
Speakers: Crishel Kline, Kaci Tucker, Natalie McLaurian, Nancy Martinez, and Philip Pettis

Moderator: Reuben Eckels, Director, Multicultural Resource Center

10:00 – 10:35 am  TRIO, GEAR UP, and Office of Disability Services Fair
Suderman Auditorium

Concurrent Sessions II

10:40 – 11:15am  TRIO Alumni Panel
Room 185
Speakers: Solomon Adair, Krista Platt, and Marc Davis

Moderator: DeAndre M. Morris, Sr. Director of Pathways
Mental Health Association of South Central Kansas

10:40 – 11:15am  TRIO Current College Students Panel
Room 138
Speaker: Crishel Kline, Kaci Tucker, Natalie McLaurian, Nancy Martinez, and Philip Pettis

Moderator: Reuben Eckels, Director, Multicultural Resource Center

10:40 – 11:15am  TRIO, GEAR UP, and Office of Disability Services Fair
Suderman Auditorium

Concurrent Sessions III

11:20 – 11:55am  TRIO Alumni Panel
Room 185
Speakers: Solomon Adair, Krista Platt, and Marc Davis

Moderator: DeAndre M. Morris, Sr. Director of Pathways
Mental Health Association of South Central Kansas

11:20 – 11:55am  TRIO Current College Students Panel
Room 138
Speakers: Crishel Kline, Kaci Tucker, Natalie McLaurian, Nancy Martinez, and Philip Pettis

Moderator: Reuben Eckels, Director, Multicultural Resource Center

11:20 – 11:55am  TRIO, GEAR UP, and Office of Disability Services Fair
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## Adult Track

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| 10:00 – 11:00 am | Finding the New You  
Speaker: Luis Ibarra, Director, Friendly House, Phoenix, AZ |
| Room TBD     | Moderator: Deema de Silva, Director, Student Support Services        |
| 11:00—12:00 noon | Adult Education: Implications for TRIO Programs  
Speaker: Dianne Glass, Director of Adult Education, Kansas Board of Regents |
| Room TBD     | Moderator: Frances Ervin, Executive Director, Educational Opportunity Center Program |

## Disability Awareness Track

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Speakers: Grady Landrum, Director, Office of Disability Services, and Martha Lewis, Director, Disability Support Services |
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## High School Track Component

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| 1:15 – 1:30 pm | Follow-Up Session with Luis Ibarra  
Moderator: Vanessa Souriya-Mnirajd, Assistant Director, Student Support Services |
| Gymnasium    | 1:45 pm | Depart for Schools |

## Adult Track

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| 1:30 – 2:15 pm | Counseling Nontraditional Women in Higher Education  
Speaker: Salyi Vu, Program Specialist Educational Opportunity Centers Program |
| Suderman Auditorium | Moderator: LaWanda Holt Fields, Director, McNair Scholars Program |

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