The K-12 physical education program prepares physical educators who model and successfully guide their students toward a lifetime of fitness, health, and an active lifestyle.

GOALS

Physical Education Content
Tools of Inquiry
Diverse Learners
Motivation
Communication
Instructional Strategies
Assessment Strategies
Professional Growth
Reflective Practitioner
Community Relationships
Classroom Management

Lifelong Learner

Health
Fitness
Active Lifestyle
Teaching Skills

Personal/Social Responsibility
The Physical Educator

Lifelong Learners find pleasure in discovering new activities, seeking challenges, and working independently and cooperatively. The physical educator who values lifelong learning recognizes that lifetime health and fitness lead to an active and independent lifestyle. As a caring professional, the physical educator understands the individual needs, struggles, and achievements of the learner. The caring physical educator promotes the well being of others through diverse activities and maximum participation. The intellectual physical educator takes active responsibility for raising serious questions about what is taught, how it is taught, and striving toward the outcome of graduating a physically educated individual.

K-12 Physical Education Teacher Preparation Goals:

The Physical Educator will:

1. demonstrate understanding of physical education content, disciplinary concepts, and tools of inquiry related to the development of a physically educated person.

2. demonstrate understanding of how individuals learn and develop, and can provide opportunities that support their physical, cognitive, social, and emotional development.

3. demonstrate understanding of how individuals differ in their approaches to learning and creates appropriate instruction adapted to diverse learners.

4. demonstrate an understanding of individual and group motivation and behavior to create a learning environment that encourages positive social interaction, active engagement in learning, and self-motivation.

5. use effective verbal, non-verbal, and media communication techniques to foster inquiry, collaboration, and engagement in physical activity settings.

6. plan and implement a variety of developmentally appropriate instructional strategies to develop physically educated individuals.
7. understand and use formal and informal assessment strategies to foster physical, cognitive, social and emotional development of learners in physical activity.

8. become a reflective practitioner who evaluates the effects of his/her actions on others (e.g., learners, parents/guardians, and other professionals in the learning community) and seeks opportunities to grow professionally.

9. foster relationships with colleagues, parents/guardians, and community agencies to support learners' growth and well being.